SEEDLINGS / TRANSPLANTS									
	Light	Approximate Planting Times	Ideal Temp at Planting time	Plant Spacing	Depth	Ideal Temp for plant growth (Celcius)	Days to Maturity (from seedling stage)	Frost Sensitive	
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Bittermelon	Full Sun	After last frost	15+	45 cm / 18 inches		24 - 27	60 - 90	YES	
Bok choy	Part sun / Part shade	April - August	5+	20 cm / 8 inches		15 - 18	45 - 60		
Bulb Onion / Onion Sets	Full Sun	Mid May - Early June	18 - 20	7.5 cm / 3 - 4 inches		20 - 25	105		
Cabbage	Part sun / Part shade	Mid May - Early June	15 - 20	30 - 45 cm /12 - 18 inches		18+	105		
Callalloo	Full Sun	Early May	15	10 - 15 cm / 4 - 6 inches		18 - 24	30 - 60	YES	
Chard	Full Sun	May - Late July	15+	20 - 30 cm / 8 - 12 inches		20 - 25	30 - 60		
Cucumber	Full Sun	Late May - Mid June / After all risk of frost has passed	20+	30 - 45 cm / 12 - 18 inches		20 - 25	65	YES	
Eggplant	Full Sun	Late May - Mid June / After all risk of frost has passed	20+	30 - 45 cm / 12 - 18 inches		20 - 29	60 - 85	YES	
Green Onions	Full Sun	Mid May - Early June	10+	7 - 15 cm / 3 - 6 inches		20 - 25	20 - 30		
Kale	Full Sun	After last frost	8+	30 - 45 cm / 12 - 18 inches		8 - 23	55		
Lettuce (baby leaf for salad mix)	Part sun / Part shade	Mid May - Early June	10+	1.25 - 2.5 cm / 1/2 - 1 inch		15 - 18	20 - 30	YES	
Lettuce (full size, head lettuce)	Part sun / Part shade	Mid May - Early June	10+	20 - 30 cm / 8 - 12 inches		15 - 18	45 - 55	YES	
Okra (*soak for 24 hrs before planting)	Full Sun	Late May - Mid June / After all risk of frost has passed		20 - 30 cm / 8 - 12 inches		23 - 32	40 - 50	YES	

SEEDLINGS / TRANSPLANTS									
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Oregano	Full Sun	After last frost	18+	20 - 25 cm / 8 - 10 inches		18 - 21	perennial	Bring inside in winter or heavily insulate in the fall with mulch	
Pepper - HOT	Full Sun	Late May - Mid June / After all risk of frost has passed	22 - 25+	30 - 45 cm / 12 - 18 inches		18 - 20	65 - 80	YES	
Pepper - SWEET	Full Sun	Late May - Mid June / After all risk of frost has passed	22 - 25+	30 - 45 cm / 12 - 18 inches		18 - 25	65 - 80	YES	
Rosemary	Full Sun	After last frost	18+	60 - 91 cm / 24 - 36 inches		18 - 21	perennial	Bring inside in winter or heavily insulate in the fall with mulch	
Squash	Full Sun	Late May - Mid June / After all risk of frost has passed	20+	60 cm / 24 inches		20 - 25	90	YES	
Thyme	Full Sun	After last frost	18+	10 - 15 cm / 4 - 6 inches		18 - 21	perennial	Bring inside in winter or heavily insulate in the fall with mulch	
Tomato	Full Sun	Late May - Mid June / After all risk of frost has passed	20+	30 - 45 cm / 12 - 18 inches		20 - 25	80	YES	
Zucchini	Full Sun	Late May - Mid June / After all risk of frost has passed	20+	60 cm / 24 inches		20 - 25	50 - 55	YES	

SEEDS									
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Spicy mustard mix	Part sun / Part shade	After last frost	10+	sprinkle densely for baby leaf and to cut for salad mix	1/2"	15 - 18	20 - 30		
Lettuce / Salad Mix	Part sun / Part shade	April - August	10+	sprinkle densely for baby leaf and to cut for salad mix	1/2"	15 - 18	20 - 30	YES	
Spinach	Part sun / Part shade	April - Mid-May / Late July - Mid- August	5 - 8+	Approximately 1/2 inch apart	1"	15 - 18	20 - 30		
Non-shelling Peas	Full Sun	April - Mid-May / Mid-August	5 - 10+	Approximately 1" apart	1.25"	10 - 18	50 - 60		
Radish	Full Sun	April - Mid-May / Late July - Mid- August	12+	Sprinkle densely then thin to 1 to 2" apart	1"	15 - 18	20 - 30		
Hakurei Turnips	Full Sun	April - Mid-May / Late July - Mid- August	12+	Sprinkle densely then thin to 2 to 3" apart	3/4"	15 - 20	35 - 40		
Dill	Full Sun	April - August	15	45 cm / 18 inches	1/4"	20 - 25	45 - 55 (leaf) / 95 (seed)		
Cilantro	Full Sun	June / July	10+	Sprinkle densely then thin to 2 to 3" apart	1/4"	10 - 29	55		
Green bean	Full Sun	June / July	25+	10 cm / 4 inches	1.5"	20 - 29	55	YES	
Yard Long bean	Full Sun	June / July	25+	30 cm / 12 inches	1.5"	25 - 35	60 - 80	YES	
Beets	Part sun / Part shade	June - July	20+	Seed approximately 1/2 inch apart and thin to 2 to 3 inches apart	1"	20 - 25	60		

SEEDS										
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Carrots	Full Sun	May - June	23+	Sprinkle densely and thin to 1 to 2 inches apart	1/2"	20 - 25	50 - 60			
Sunflower	Full Sun	June / July	15+	15 cm / 6 inches	1 - 2"	20 - 25	90 - 100			
Marigold	Full Sun	May - August	20+	15 cm / 6 inches	lightly cover with soil	20 - 25	80			
Nasturtiums	Full Sun	Late May - Early July	20+	20 cm / 8 inches	1/4"	20 - 25	60			
Parsley	Full Sun	Late May - August	15+	15 cm / 6 inches	n/a	18 - 22	75	YES		
Basil	Full Sun	Late May - Mid June / After all risk of frost has passed	15+	20 cm / 8 inches	n/a	23 - 32	65	YES		